All parents wonder if they are getting it right.

You're not alone. Sometimes it's hard to tell what your child needs, what her behaviors mean and if you're doing right by him. Imagine what it might feel like if you could make sense of what your child is really asking from you.

Circle of Security™ Parenting is an opportunity to join other parents just like you, for an 8-week class where you'll learn to:

- Strengthen your relationship with your child
- Be present with your child during the best and toughest of times
- Recognize your child's needs and make sense of his or her behavior
- Meet your child's needs by being bigger, stronger, wiser and kind

Who should attend:

Parents, newly expecting parents, caregivers, foster parents, guardians, adoptive parents and daycare providers.

Location:

Mid-Plains Community College
North Campus- Room #109
1101 Halligan Dr., North Platte, NE. 69101

Parents are asked to please leave children at home. Daycare is not provided during this class.

Dates:

Monday evenings, August 24-October 19, 2026
NO class on Sept. 7th due to Holiday

Must attend all classes for a certificate of completion

Time:

5:30-7:30 PM CST

NO FEE! Cost for the classes are sponsored by Region II Human Services

How to register:

Registration is required. Please call Shannon at 308.529-0595

Presented by:

Stephaine Morse, LIMHP, LADC

This project is funded (100%, $427,899.00) by the Region II Human Services Substance Abuse Prevention, Treatment and Recovery Services Block Grant (1B08TI088483-01) through the Substance Abuse and Mental Health Services Administration, contracted through the Nebraska Department of Health and Human Services, Division of Behavioral Health.